



SAMPLE COURSE PROGRAM

Training of Civilian Experts for Deployment in International Peace Missions

Hostile Environment Awareness Training (HEAT)

Day 1, Friday

ca. 16.00	Arrival, check-in, coffee
16.30 – 17.00	Welcome coffee
17.00 – 18.00	Course opening, facilitators and participants introduction
19.30	Dinner

Day 2, Saturday

Until 08.30	Breakfast
08.45 – 09.00	Daily Briefing
09.00 – 10.30	Personal security in the field I
10.30 – 10.45	Coffee break
10.45 – 12.30	Personal security in the field II
12.30 – 13.30	Lunch break
13.30 – 15.15	Personal security in the field III
15.15 – 15.30	Coffee break
15.30 – 18.00	Personal security in the field IV
18.30	Dinner

Day 3, Sunday

Until 08.30	Breakfast
08.45 – 09.00	Daily Briefing
09.00 – 10.30	Stress management I
10.30 – 10.45	Coffee break
10.45 – 12.30	Stress management II

12.30 – 13.30	Lunch break
13.30 – 15.15	Stress management III
15.15 – 15.30	Coffee break
15.30 – 18.00	Stress management IV
18.30	Dinner

Day 4, Monday

06.30 - 07.30	Breakfast
08.00	Pick up by the German Armed Forces, transfer to barracks
08.30 – 10.00	Check-in at admin-office (Bldg 57) and accommodation (Bldg 235)
10.00 – 10.45	Welcome address and introduction
10.45 – 12.15	Security briefing I
12.15 - 12.45	Lunch at Bldg 230
12.45 – 13.00	Transport to practical training (Bonnland)
13.00 – 13.15	Organizational time: course photo
13.15 – 16.15	Practical training: behavior under warfare agent threats
16.15 – 16.30	Transport to classroom (Bldg 242)
16.30 – 17.30	Stress Management during the mission
18.00	Dinner

Day 5, Tuesday

06.15 - 07.00	Breakfast at Bldg 230
07.15 – 08.45	Security briefing II
09.00 - 11.45	First aid in the field training
11.45 – 12.45	Lunch at Bldg 230
12.45 – 13.00	Transport to practical training (Bonnland)
13:00 – 16.00	Practical training: behavior under fire, ballistic threat awareness, teamwork in hostile environments, behavior in crowd scenario
16.00 – 16.15	Transport to classroom (Bldg 242)
18.30	Dinner at the NCO mess

Day 6, Wednesday

06.15 - 07.00	Breakfast at Bldg 230
07.30 – 08.15	Security briefing III
08:30 – 09:15	Security briefing IV

09.30 – 10.15	Security briefing V
10.15 – 11.45	Security briefing VI
11.45 – 12.45	Lunch at Bldg 230
12.45 – 13.00	Preparation for practical training, Transport to practical training
13.00 – 21.15	Practical training: behavior in complex situations
Day 7, Thursday	
06.15 - 07.00	Breakfast at Bldg 230
07.00 – 07.30	Preparation for practical training
07.30 – 13.15	Practical training: behavior in complex situations
13.15 – 13.45	Lunch
17.30 – 18.30	Stress Management after mission + Tools
18.30	Farewell dinner
Day 8, Friday	
06.15 - 07.00	Breakfast
07.15 – 08:00	Check out, return of equipment
08.00 – 10.45	Stress management/debriefing: personal preparation, intercultural competence, evaluation, feedback, handover of certificates
10.45 – 11.00	Departure, Transfer to the Hammelburg train station